These fourteen properties are fundamental.

They are the only ways of unifying space.

A thing which has this quality, of being one, or being healed, or acting as a mirror of the self, must always have these properties within it.

And because these properties represent the only ways that space can be made one, or healed, the processes which help us make this quality, must always have their origin within these properties.

A process of this type is centering, in which the whole is built up gradually, from acts which produce wholes.

This process can produce this quality, because it is made up from processes which create wholes, and makes these wholes according to the nature of the fourteen properties.